

SPANISH NATIONALS

“OPEN” SWIMMING CHAMPIONSHIP - TRIALS SINGAPORE 2025

Dates: 11th to 15th June 2025

Place: Palma de Mallorca

Pool: Piscinas Municipales “Son Hugo”

- **Competition pool: 50m - 10 lanes**
- Training pool: 50m - 10 lanes



Entries

- Every swimmer may enter in an UNLIMITED number of events, according the QUALIFYNG TIMES.
- Qualifying times must be swum in a 50m pool and electronic timekeeping system, **between 11th April 2024 to 25th May 2025.**
- Deadline: **Wednesday, 28th May, at 12PM.**
- Entries must sent to: jalmarza@rfen.es / rfen@rfen.es (excel form, file Lenex or [swimrankings](https://swimrankings.com)).
- Entry fees. Must be paid to the start of the competition. All teams and clubs can request an invoice.
 - 15 € per athlete, per event - Relay 25 €
 - Staff (coach, physio, etc.): 20 € for each member
- Entry lists will be published on **30th May.**

Contacts

TECHNICAL INFORMATION	Sergio de la Calle scalle@rfen.es
ENTRIES	Jose Manuel Almarza jalmarza@rfen.es / rfen@rfen.es
ACCOMMODATION	BCD Sports - Website Championships Official Agency natacion@bcdme.es

Program

DAYS	AM	PM
Wednesday 11.June.2025	100 Butterfly Men 100 Butterfly Women 50 Breaststroke Men 50 Breaststroke Women 100 Backstroke Men 100 Backstroke Women 1500 Freestyle Men (slowest heats) 800 Freestyle Women (slowest heats)	1500 Freestyle Men (fastest heat) 800 Freestyle Women (fastest heat) Finals Morning Session / B - A
Thursday 12.June.2025	100 Breaststroke Women 100 Breaststroke Men 200 Freestyle Women 200 Freestyle Men 50 Butterfly Women 50 Butterfly Men 400 Ind. Medley Women 400 Ind. Medley Men	Finals Morning Session / B - A
Friday 13.June.2025	100 Freestyle Men 100 Freestyle Women 200 Backstroke Men 200 Backstroke Women 800 Freestyle Men (slowest heats) 1500 Freestyle Women (slowest heats)	800 Freestyle Men (fastest heat) 1500 Freestyle Women (fastest heat) Finals Morning Session / B - A
Saturday 14.June.2025	200 Butterfly Women 200 Butterfly Men 50 Freestyle Women 50 Freestyle Men 200 Breaststroke Women 200 Breaststroke Men	Finals Morning Session / B - A
Sunday 15.June.2025	200 Ind. Medley Women 200 Ind. Medley Men 50 Backstroke Men 50 Backstroke Women 400 Freestyle Men 400 Freestyle Women	Finals Morning Session / B - A

Estimated schedule

SESSION	Wednesday 11.June	Thursday 12.June	Friday 13.June	Saturday 14.June	Sunday 15.June
HEATS	10:00	10:00	10:00	10:00	10:00
FINALS	18:00 - 19:45	18:00 - 19:45	18:00 - 19:30	18:00 - 19:15	17:30 - 18:45

- End of qualifying sessions (heats): according to number of entries.
- **The final schedule will be published on Wednesday, 04th June.**
- Official trainings: the competition pool will be available from Monday, 09th June.
- The competition pool will be available 1h 45' before the start of each session.

Qualifying times

		MEN		WOMEN	
		SENIOR	2005 & YOUNGER	SENIOR	2005 & YOUNGER
FREE	50	00:23,60	00:24,05	00:26,85	00:27,10
	100	00:51,95	00:52,65	00:58,25	00:59,00
	200	01:53,75	01:56,50	02:06,35	02:07,50
	400	04:04,50	04:08,70	04:27,00	04:28,00
	800	08:28,00	08:37,60	09:05,90	09:07,00
	1500	16:19,00	16:28,00	17:30,00	17:34,00
BACK	50	00:27,50	00:28,00	00:30,75	00:31,00
	100	00:58,75	00:59,90	01:05,80	01:06,30
	200	02:09,50	02:11,00	02:22,55	02:23,10
BREAST	50	00:29,55	00:30,20	00:33,95	00:34,35
	100	01:05,75	01:06,65	01:14,50	01:14,95
	200	02:24,10	02:26,90	02:41,50	02:42,75
FLY	50	00:25,35	00:25,90	00:28,50	00:29,15
	100	00:56,05	00:57,00	01:03,65	01:04,60
	200	02:08,40	02:10,60	02:21,00	02:21,80
IM	200	02:09,20	02:10,85	02:24,00	02:24,80
	400	04:38,90	04:43,90	05:03,95	05:05,00

Rules & Regulations

The competition will be conducted under World Aquatics rules.

COMPETITION SYSTEM:

- Heats & Finals for 50-100-200-400 events. During the morning sessions, the last 3 heats of 50, 100 and 200, will be swum according to WAQ Rule SW.3. The rest will be swum on a timed final basis.
- Heat Declared Winner for 800 & 1500 events. During the morning sessions, the last 2 heats of 400 meters events, will be swum according to WAQ Rule SW.3. The rest will be swum on a timed final basis.

EVENTS	FINALS
50 Free, Back, Breast, Fly 100-200 Free, Back, Breast, Fly 200 Ind. Medley 400 Freestyle, Ind. Medley	2 FINALS: B – A 8 fastest times in each final <i>Not more than 2 foreign swimmers allowed</i>

EVENTS	TIMED BASED HEATS
800 - 1500 Freestyle	8 fastest times in Finals Session <i>Not more than 2 foreign swimmers allowed</i>

WITHDRAWALS: for finals not later than 30 minutes after the respective event. The official form will be sent by email.

RESERVES: There will be 3 reserve swimmers for each event, following the results in the heats, to compete in the finals.

AWARDS: Gold, silver and bronze medals in each event.

Doping

It will be regulated according to the specific rules of the Spanish Antidoping State Agency, the Royal Swimming Spanish Federation and World Aquatics.

Technical meeting

Technical meeting won't be celebrated. Technical information will be sent by email and will be available on the competition website.