

CIX SPANISH SUMMER NATIONALS CHAMPIONSHIP “OPEN”

Dates: 20 to 24th July 2022

Place: Sabadell (Spain)

Pool:



**Club Natació
Sabadell**



- **Competition pool (indoor): 50m (50m wide - 10 lanes)**
- Training pool: 25m

Entries

- Every swimmer may enter in FIVE events, according the QUALIFYNG TIMES.
- Each team may enter one relay event, according to the QUALIFYING TIMES.
- Qualifying times must be swum in a 50m pool and electronic timekeeping system, **between 20th May 2021 to 03rd July 2022.**
- Deadline: **Wednesday, 06th July, at 12PM.**
- Entries must sent to: jalarza@rfen.es / rfen@rfen.es (excel form - file lenex - [Swimrankings](#))
- Entry fees: 1 event: 15€ - 2 events: 23€ - 3 events: 26€ - 4 events: 29€ - 5 events: 32€ / Relay: 16€
- Entry lists will be published on 08th July.

Contacts

TECHNICAL INFORMATION	Sergio de la Calle scalle@rfen.es
ENTRIES	Jose Manuel Almarza jalarza@rfen.es / rfen@rfen.es
TRAININGS	Alberto Indarte albertoindarte@rfen.es
ACCOMMODATION	VIAJES EL CORTE INGLÉS - Website Championships Official Agency sacvecisa@viajeseci.es

Program

DAYS	AM	PM
Wednesday 20.July.2022		50 Butterfly Men 50 Butterfly Women 50 Breaststroke Men 50 Breaststroke Women 50 Backstroke Men 50 Backstroke Women 800 Freestyle Men (Heat Declared Winner) 1500 Freestyle Women (Heat Declared Winner) Finals Afternoon Session / B - A
Thursday 21.July.2022	50 Freestyle Men 50 Freestyle Women 400 Ind. Medley Men 400 Ind. Medley Women 100 Backstroke Men 100 Backstroke Women <i>4x200 Freestyle Men Junior</i> <i>4x200 Freestyle Women Junior</i>	Finals Morning Session <i>Junior D - C / B - A</i> 4x200 Freestyle Men 4x200 Freestyle Women
Friday 22.July.2022	400 Freestyle Women 100 Freestyle Men 200 Butterfly Women 200 Butterfly Men 100 Breaststroke Women 100 Breaststroke Men <i>4x100 Freestyle Women Junior</i> 1500 Freestyle Men (slowest heats)	1500 Freestyle Men (2 fastest heats) Finals Morning Session <i>Junior D - C / B - A</i> 4x100 Freestyle Women
Saturday 23.July.2022	400 Freestyle Men 100 Freestyle Women 200 Breaststroke Men 200 Breaststroke Women 200 Backstroke Men 200 Backstroke Women <i>4x100 Freestyle Men Junior</i> 800 Freestyle Women (slowest heats)	800 Freestyle Women (2 fastest heats) Finals Morning Session <i>Junior D - C / B - A</i> 4x100 Freestyle Men
Sunday 24.July.2022	100 Butterfly Men 100 Butterfly Women 200 Freestyle Men 200 Freestyle Women 200 Ind. Medley Men 200 Ind. Medley Women <i>4x100 Medley Men Junior</i> <i>4x100 Medley Women Junior</i>	Finals Morning Session <i>Junior D - C / B - A</i> 4x100 Medley Men 4x100 Medley Women

* Junior Spanish Championship events (Not Open).

Estimated schedule

SESSION	Wednesday 20.July	Thursday 21.July	Friday 22.July	Saturday 23.July	Sunday 24.July
HEATS	17:00 - 20:30	09:30 - 12:15	09:30 - 12:45	09:30 - 12:45	09:30 - 12:30
FINALS		17:30 - 20:30	17:30 - 20:50	17:30 - 20:45	17:00 - 20:00

- The final schedule will be published on Wednesday, 13 of July.
- Official trainings: the competition pool will be available from Tuesday, 19 of July.
- The competition pool will be available 1h 45' before the start of each session.

Qualifying times

		MEN		WOMEN	
		SENIOR	2002 & YOUNGER	SENIOR	2003 & YOUNGER
FREE	50	00:23,85	00:24,45	00:27,20	00:27,45
	100	00:52,00	00:53,40	00:59,00	00:59,50
	200	01:53,75	01:57,00	02:07,00	02:08,25
	400	04:04,50	04:08,70	04:27,30	04:29,90
	800	08:28,00	08:37,60	09:05,90	09:09,00
	1500	16:13,00	16:23,65	17:30,00	17:39,00
BACK	50	00:28,10		00:31,40	
	100	00:58,75	00:59,90	01:05,80	01:06,95
	200	02:09,50	02:10,25	02:22,55	02:24,20
BREAST	50	00:30,60		00:34,65	
	100	01:05,75	01:06,65	01:15,05	01:15,55
	200	02:24,10	02:27,35	02:42,75	02:43,85
FLY	50	00:26,00		00:29,30	
	100	00:56,05	00:57,80	01:04,30	01:05,15
	200	02:08,40	02:10,75	02:21,80	02:22,50
IM	200	02:09,20	02:10,85	02:24,55	02:25,35
	400	04:38,90	04:43,90	05:05,00	05:07,20

		Relay	Sum	Relay	Sum
FREE R.	4x100	03:30,80	03:32,30	03:57,00	03:58,50
	4x200	07:41,50	07:43,00	08:30,50	08:32,00
MEDLEY R.	4x100	03:55,20	03:56,70	04:25,50	04:27,00

* Relays: will be accepted official time in the relay event (Relay) or sum of the times of the four relievers (Sum).

Rules & Regulations

The competition will be conducted under FINA rules.

COMPETITION SYSTEM:

- Heats & Finals for 50-100-200-400 events. During the morning sessions, the last 3 heats of 50, 100 and 200, will be swum according to FINA Rule SW.3. The rest will be swum on a timed final basis.
- During the morning sessions, the last 2 heats of 400 meters events, will be swum according to FINA Rule SW.3. The rest will be swum on a timed final basis.
- Heat Declared Winner for 800 & 1500 events.

EVENTS	FINALS
50 Free 100-200 Free, Back, Breast, Fly 200 Ind. Medley 400 Freestyle, Ind. Medley	4 FINALS: Junior D – C / B – A 8 fastest times in each final <i>* FINALS B - A: Not more than 3 foreign swimmers allowed</i>
50 Back, Breast, Fly	2 FINALS: B – A 8 fastest times in each final <i>* FINAL B - A: Not more than 3 foreign swimmers allowed</i>

EVENTS	HEAT DECLARED WINNER
1500 Free Men - 800 Free Women	Heat Declared Winner
800 Free Men - 1500 Free Women	16 fastest times in Finals Session: First Heat Junior - Second Heat "Open" - all ages - <i>* Second Heat "Open": Not more than 3 foreign swimmers allowed</i>

WITHDRAWALS: for finals not later than 30 minutes after the respective event. The official form will be sent by email.

RESERVES: There will be 3 reserve swimmers for each event, following the results in the heats, to compete in the finals.

AWARDS: Gold, silver and bronze medals in each event.

Doping

It will be regulated according to the specific rules of the Spanish Antidoping State Agency, the Royal Swimming Spanish Federation and F.I.N.A.

Technical meeting

Technical meeting won't be celebrated. Technical information will be sent by email.