

XX SPANISH OPEN WATER SWIMMING CHAMPIONSHIPS “OPEN”

5.0 k. – 7.5 k. – 10.0 k.

17.18th of June, 2017

Lake of Banyoles (Passeig Antonio Gaudí, 3 - 17820 Banyoles, Girona)



- Entries application form must be sent to: rfen@rfen.es
- Technical information: jcadens@rfen.es & ricardobarreda@rfen.es



RULES

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Season 2016-2017

1. **DATES:** 17 and 18 of June, 2017
2. **PLACE:** Lake of Banyoles (Girona)
3. **AGES:**

All Category	Men & Women	All ages
Junior – 2	Men & Women	1998-1999 // 19 y 18 years
Junior – 1	Men & Women	2000-2001 // 17 y 16 years
Youth	Men & Women	2002-2003 // 15 y 14 years

4. PROGRAM:

	All Category	Junior - 2	Junior - 1	Youth
Saturday, 17th AM	10 km.	10 km.	----	5 km.
Sunday, 18th AM	5 km.	----	7,5 km.	----

5. ENTRIES

- 5.1. All foreign swimmers must have their National Sports License with respective Federation recognized by FINA, valid for current season 2016-2017.
- 5.2. Entries must be done according to the FINA General Rules for swimming (2016-2017) and RFEN General Rules.
- 5.3. Deadline:
Entries must send to RFEN with attached form by email (rfen@rfen.es) **before 12:00 hours of 31st of May 2017**. Delayed entries or no dully filled will not be accepted.
- 5.4. Final lists will be published **on 7th of June 2017, at 12:00 h**.

6. RULES OF COMPETITION

- 6.1. Start list for the 5 km, 7,5 km and 10 km (men and women) will be fixed by RFEN and the organization.

7. SCORING SYSTEM

- 7.1. All **OPEN** swimmers won't have scoring.

8. PRIZES

8.1. Individuals

Medals for the first/second and third qualified of each event men and women in senior, junior and youth:

- All Category: 10 kilometers & 5 kilometers
- Junior-2: 10 kilometers
- Junior-1: 7,5 kilometers
- Youth: 5,0 kilometers

9. TEAMS QUALIFICATION (only National Teams)

10. ECONOMIC RULES

- 10.1. According to the [economic rules of RFEN](#), entry in 1 event: **15 €**, 2 events: **23 €**



TECHNICAL INFORMATION

❖ TECHNICAL MEETING:

- For Head coaches and swimmers.
- 15 minutes before the start of each event.
- Place: Call Room.

❖ TRAINING:

- Previous days.
- Club Natació Banyoles (Passeig Antoni Gaudí, 3 - 17820 Banyoles)
 - Pool of Club Natació Banyoles (25m x 6 lines)
 - Competition zone enclosed (Lake of Banyoles)

❖ TIME CAP:

- **Events: 10k. – 7,5k. – 5k.**
- According Open Water FINA rules 2013-2017. Rule 6.6 – RACE
- In all events, time cap will apply after first swimmer finish the race, attending to:
 - 5 km Event + 15' 00" after the first swimmer.
 - 7,5 km Event + 22' 30" after the first swimmer.
 - 10 km Event + 30' 00" after the first swimmer.

❖ SWIMWEAR AND WETSUITS:

- It will be regulated according the agreements published by F.I.N.A. ([BL 8 SWIMWEAR, FINA Bureau on 2 December 2016](#)).

❖ ANTIDOPING

- It will be regulated according the specific rules of the Spanish Antidoping State Agency, the Royal Spanish Swimming Federation and F.I.N.A.

❖ SAFETY AND SECURITY

- It will be guaranteed by Club Natación Banyoles and Cruz Roja Española.

❖ RACE COURSE



* If would be necessary by weather condicions or other reasons, this race course can be modified



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Please send this form no later than **31st of May 2017** by Email: rfe@rfe.es

FEDERATION:	COUNTRY CODE
CONTAC PERSON:	
E-MAIL:	PHONE/MOBILE.....

[illegible]

Date:

Signature and Stamp:

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President or Team Manager.....