



# XXII SPANISH NATIONAL CHAMPIONSHIP "OPEN"

## FINA APPROVED MEETING / SPANISH EUROPEANS TRIALS

**Dates:** 09 to 13<sup>th</sup> April 2022

Place: Torremolinos (Spain)

Pool:





- Competition pool (indoor): 50m (25m wide 8 lanes)
- Training pool: 25m (21m wide 6 lanes)

#### **Entries**

- Every swimmer may enter in an UNLIMITED number of events, according the QUALIFYNG TIMES.
- Qualifying times must be swum in a 50m pool and electronic timekeeping system, between 09th February 2021 to 20th March 2022.
- Deadline: Wednesday, 23<sup>rd</sup> March, at 12PM.
- Entries must sent to: jalmarza@rfen.es / rfen@rfen.es (excel form file lenex Swimrankings)
- Entry fees: 1 event: 15€ 2 events: 23€ 3 events: 26€ 4 events: 29€ 5 events: 32€ 6 events: 35€
- Entry lists will be published on 25<sup>th</sup> March.

#### **Contacts**

TECHNICAL INFORMATION	Sergio de la Calle scalle@rfen.es
ENTRIES	Jose Manuel Almarza jalmarza@rfen.es / rfen@rfen.es
TRAININGS & COVID INFORMATION	Alberto Indarte albertoindarte@rfen.es
ACCOMMODATION	VIAJES EL CORTE INGLÉS - Website Championships Official Agency sacvecisa@viajeseci.es



### Real Federación Española de Natación



# **Program**

DAYS	АМ	PM
Saturday 09.April.2022	100 Freestyle Men 100 Freestyle Women 50 Breaststroke Men 50 Breaststroke Women 100 Backstroke Men 100 Backstroke Women 1500 Freestyle Men (slowest heats) 800 Freestyle Women (slowest heats)	1500 Freestyle Men (2 fastest heats) 800 Freestyle Women (2 fastest heats) Finals Morning Session Junior C / B - A
Sunday 10.April.2022	100 Breaststroke Women 100 Breaststroke Men 200 Freestyle Women 200 Freestyle Men 50 Backstroke Women 50 Backstroke Men 400 Ind. Medley Women 400 Ind. Medley Women 4x100 Freestyle Women Junior 4x100 Freestyle Men Junior	Finals Morning Session Junior C / B - A  4x100 Freestyle Women Junior 4x100 Freestyle Men Junior
Monday 11.April.2022	200 Backstroke Men 200 Backstroke Women 100 Butterfly Men 100 Butterfly Women 800 Freestyle Men (slowest heats) 1500 Freestyle Women (slowest heats)	800 Freestyle Men (2 fastest heats) 1500 Freestyle Women (2 fastest heats)  Finals Morning Session  Junior C / B - A
Tuesday 12.April.2022	200 Butterfly Women 200 Butterfly Men 50 Freestyle Women 50 Freestyle Men 200 Ind. Medley Women 200 Ind. Medley Men 4x200 Freestyle Women Junior 4x200 Freestyle Men Junior	Finals Morning Session Junior C / B - A  4x200 Freestyle Women Junior 4x200 Freestyle Men Junior
Wednesday 13.April.2022	200 Breaststroke Men 200 Breaststroke Women 50 Butterfly Men 50 Butterfly Women 400 Freestyle Men 400 Freestyle Women 4x100 Medley Men Junior 4x100 Medley Women Junior	Finals Morning Session Junior C / B - A  4x100 Medley Men Junior 4x100 Medley Women Junior

<sup>\*</sup> Junior Spanish Championship events (Not Open).





### **Estimated schedule**

SESSION	Saturday 09.April	Sunday 10.April	Monday 11.April	Tuesday 12.April	Wednesday 13.April
HEATS	09:30 - 13:00	09:30 - 12:00	09:30 - 12:30	09:30 - 11:15	09:30 - 11:45
FINALS	17:30 - 20:15	17:30 - 20:15	17:30 - 20:00	17:30 - 19:45	17:00 - 19:15

- The final schedule will be published on Wednesday, 30 of March.
- Previous trainings: the competition pool will be available since Thursday PM (07th April).
- The competition pool will be available 1h 45' before the start of each session.

# **Qualifying times**

		MEN		WOMEN	
		SENIOR	2002 & YOUNGER	SENIOR	2003 & YOUNGER
	50	00:23,85	00:24,45	00:27,20	00:27,45
	100	00:52,00	00:53,40	00:59,00	00:59,50
FREE	200	01:53,75	01:57,00	02:07,00	02:08,25
FREE	400	04:04,50	04:08,70	04:27,30	04:29,90
	800	08:28,00	08:37,60	09:05,90	09:09,00
	1500	16:13,00	16:23,65	17:30,00	17:39,00
50		00:28,10		00:31,40	
BACK	100	00:58,75	00:59,90	01:05,80	01:06,95
	200	02:09,50	02:10,25	02:22,55	02:24,20
	50	00:30,60		00:34,65	
BREAST	100	01:05,75	01:06,65	01:15,05	01:15,55
	200	02:24,10	02:27,35	02:42,75	02:43,85
	50	00:26,00		00:29,30	
FLY	100	00:56,05	00:57,80	01:04,30	01:05,15
	200	02:08,40	02:10,75	02:21,80	02:22,50
IM	200	02:09,20	02:10,85	02:24,55	02:25,35
	400	04:38,90	04:43,90	05:05,00	05:07,20





# **Rules & Regulations**

The competition will be conducted under FINA rules.

#### **COMPETITION SYSTEM:**

- Heats & Finals for 50-100-200-400 events. During the morning sessions, the last 3 heats of 50, 100 and 200, will be swum according to FINA Rule SW.3. The rest will be swum on a timed final basis.
- Heat Declared Winner for 800 & 1500 events. During the morning sessions, the last 2 heats of 400 meters events, will be swum according to FINA Rule SW.3. The rest will be swum on a timed final basis.

EVENTS	FINALS
50 Free 100-200 Free, Back, Breast, Fly 200 Ind. Medley 400 Freestyle, Ind. Medley	3 FINALS: Junior C / B – A 8 fastest times in each final * FINALS B - A: Not more than 2 foreign swimmers alowed
50 Back, Breast, Fly	2 FINALS: B – A 8 fastest times in each final * FINAL B - A: Not more than 2 foreign swimmers alowed

EVENTS	TIMED BASED HEATS
1500 Free Men - 800 Free Women 800 Free Men - 1500 Free Women	16 fastest times in Finals Session: First Heat Junior - Second Heat "Open" - all ages - * Second Heat "Open": Not more than 2 foreign swimmers alowed

WITHDRAWALS: for finals not later than 30 minutes after the respective event. The official form will be sent by email.

RESERVES: There will be 3 reserve swimmers for each event, following the results in the heats, to compete in the finals.

AWARDS: Gold, silver and bronze medals in each event.

### **Doping**

It will be regulated according to the specific rules of the Spanish Antidoping State Agency, the Royal Swimming Spanish Federation and F.I.N.A.

## **Technical meeting**

Technical meeting won't be celebrated. Technical information and Covid measures will be sent by email.