

SPANISH SUMMER NATIONAL CHAMPIONSHIP “OPEN”

SPANISH TRIALS / PARIS 2024

Dates: 18th to 22th June 2024

Place: Palma de Mallorca

Pool: Son Hugo

- **Competition pool:** 50m - 10 lanes
- Training pool: 50m - 10 lanes



Entries

- Every swimmer may enter in an UNLIMITED number of events, according the QUALIFYING TIMES.
- Qualifying times must be swum in a 50m pool and electronic timekeeping system, **between 18th April 2023 to 02nd June 2024.**
- Deadline: **Wednesday, 05th June, at 12PM.**
- Entries must sent to: jalmarza@rfen.es / rfen@rfen.es (request excel form or file Lenex)
It is possible to register through [Swimrankings](#)
- Entry fees: 1 event 18€ - 2 events 27€ - following events 4€ (each one)
- Entry lists will be published on **07th June.**

Contacts

TECHNICAL INFORMATION	Sergio de la Calle scalle@rfen.es
ENTRIES	Jose Manuel Almarza jalmarza@rfen.es / rfen@rfen.es
ACCOMMODATION	VIAJES EL CORTE INGLÉS - Website Championships Official Agency sacvecisa@viajeseci.es

Program

DAYS	AM	PM
Tuesday 18.June.2024	100 Butterfly Men 100 Butterfly Women 50 Breaststroke Men 50 Breaststroke Women 100 Backstroke Men 100 Backstroke Women 1500 Freestyle Men (slowest heats) 800 Freestyle Women (slowest heats)	1500 Freestyle Men (2 fastest heats) 800 Freestyle Women (2 fastest heats) Finals Morning Session B – A / Junior D - C
Wednesday 19.June.2024	100 Breaststroke Women 100 Breaststroke Men 200 Freestyle Women 200 Freestyle Men 50 Butterfly Women 50 Butterfly Men 400 Ind. Medley Women 400 Ind. Medley Men <i>4x100 Freestyle Women Junior</i> <i>4x100 Freestyle Men Junior</i>	Finals Morning Session B – A / Junior D - C <i>4x100 Freestyle Women Junior</i> <i>4x100 Freestyle Men Junior</i>
Thursday 20.June.2024	100 Freestyle Men 100 Freestyle Women 200 Backstroke Men 200 Backstroke Women 800 Freestyle Men (slowest heats) 1500 Freestyle Women (slowest heats)	800 Freestyle Men (2 fastest heats) 1500 Freestyle Women (2 fastest heats) Finals Morning Session B – A / Junior D - C
Friday 21.June.2024	200 Butterfly Women 200 Butterfly Men 50 Freestyle Women 50 Freestyle Men 200 Ind. Medley Women 200 Ind. Medley Men <i>4x200 Freestyle Women Junior</i> <i>4x200 Freestyle Men Junior</i>	Finals Morning Session B – A / Junior D - C <i>4x200 Freestyle Women Junior</i> <i>4x200 Freestyle Men Junior</i>
Saturday 22.June.2024	200 Breaststroke Men 200 Breaststroke Women 50 Backstroke Men 50 Backstroke Women 400 Freestyle Men 400 Freestyle Women <i>4x100 Medley Men Junior</i> <i>4x100 Medley Women Junior</i>	Finals Morning Session B – A / Junior D - C <i>4x100 Medley Men Junior</i> <i>4x100 Medley Women Junior</i>

* Junior Spanish Championship events (Not Open).

Estimated schedule

SESSION	Tuesday 18.June.2024	Wednesday 19.June.2024	Thursday 20.June.2024	Friday 21.June.2024	Saturday 22.June.2024
HEATS	09:30 - 11:10	09:30 - 11:05	09:30 - 11:05	09:30 - 10:30	09:30 - 10:50
	11:20 - 13:40	11:15 - 13:30	11:15 - 13:15	10:40 - 12:10	11:00 - 13:00
FINALS	17:30 - 19:10	19:10 - 20:30	19:00 - 20:00	18:40 - 19:50	18:15 - 19:30
	Junior Finals: D - C (Not Open)				

HEATS: there will be two competition rounds. The first round will be composed of the 40 best registration times. Then, the second shift will begin (41º and following).

FINALS: B - A (Open) and then Junior Finals.

- The final schedule will be published on Wednesday, 12th June.
- Official trainings: the competition pool will be available from Sunday, 16th June (PM).
- The competition pool will be available 1h 45' before the start of each session.

Qualifying times

		MEN		WOMEN	
		SENIOR	2004 & YOUNGER	SENIOR	2004 & YOUNGER
FREE	50	00:23,85	00:24,30	00:26,85	00:27,10
	100	00:52,00	00:53,05	00:58,50	00:59,00
	200	01:53,75	01:56,50	02:07,00	02:07,50
	400	04:04,50	04:08,70	04:27,30	04:28,00
	800	08:28,00	08:37,60	09:05,90	09:07,00
	1500	16:19,00	16:28,00	17:30,00	17:34,00
BACK	50	00:27,65	00:28,15	00:30,95	00:31,15
	100	00:58,75	00:59,90	01:05,80	01:06,30
	200	02:09,50	02:11,00	02:22,55	02:23,10
BREAST	50	00:29,80	00:30,70	00:33,95	00:34,35
	100	01:05,75	01:06,65	01:14,50	01:14,95
	200	02:24,10	02:26,90	02:41,50	02:42,75
FLY	50	00:25,55	00:26,25	00:28,75	00:29,15
	100	00:56,05	00:57,00	01:03,90	01:04,60
	200	02:08,40	02:10,75	02:21,00	02:21,80
IM	200	02:09,20	02:10,85	02:24,00	02:24,80
	400	04:38,90	04:43,90	05:03,95	05:05,00

Rules & Regulations

The competition will be conducted under World Aquatics rules.

COMPETITION SYSTEM:

- Heats & Finals for 50-100-200-400 events. During the morning sessions (first shift), the last 3 heats of 50, 100 and 200, will be swum according to WAQ Rule SW.3. The rest will be swum on a timed final basis.
- Heat Declared Winner for 800 & 1500 events. During the morning sessions (first shift), the last 2 heats of 400 meters events, will be swum according to WAQ Rule SW.3. The rest will be swum on a timed final basis.

EVENTS	FINALS
50 Free, Back, Breast, Fly 100-200 Free, Back, Breast, Fly 200 Ind. Medley 400 Freestyle, Ind. Medley	4 FINALS: Junior D - C / B – A 8 fastest times in each final <i>* FINALS B - A: Not more than 2 foreign swimmers allowed</i>

EVENTS	TIMED BASED HEATS
800 - 1500 Freestyle	16 fastest times in Finals Session: Heat “Open” - all ages - (1º shift) / Heat Junior (2º shift) <i>* Heat “Open”: Not more than 2 foreign swimmers allowed</i>

WITHDRAWALS: for finals not later than 30 minutes after the respective event. The official form will be sent by email.

RESERVES: There will be 3 reserve swimmers for each event, following the results in the heats, to compete in the finals.

AWARDS: Gold, silver and bronze medals in each event.

Doping

It will be regulated according to the specific rules of the Spanish Antidoping State Agency, the Royal Swimming Spanish Federation and World Aquatics.

Technical meeting

Technical meeting won't be celebrated. Technical information will be sent by email.